



2018 May 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8:30 am Exercise 9:00 am Sewing B's 9:30 am Staff Mtg.	2 9:00am Quilts of Valor 10:00am Women's Bible Study 4:30 pm Prayer Group	3 10:00 am Bulletin Deadline National Day of Prayer 	4	5
6 8:45 am Adult Sunday School 9:00 am Children's Sunday School 10:00 am English Worship Sermon - Kathy Remley 12:00 pm Karen Worship 4:30 pm Compass 	7	8 8:30 am Exercise 9:00 am Sewing B's 9:30 am Staff Mtg.	9 10:00am Women's Bible Study 4:30 pm Prayer Group 5:30 pm Pizza Night	10 10:00 am Bulletin Deadline	11	12 International Nurses Day 
13 8:45 am Adult Sunday School 9:00 am Children's Sunday School 10:00 am English Worship Communion 12:00 pm Karen Worship 4:30 pm Compass 	14 10:45 Meet at church ABWM Annual Salad Luncheon At Merle Brown's home	15 8:30 am Exercise 9:00 am Sewing B's 9:30 ma Staff Mtg. 	16 10:00am Women's Bible Study 4:30 pm Prayer Group	17 10:00 an Bulletin Deadline	18	19 10:00 am Diaper Depot 
20 8:45 am Adult Sunday School 9:00 am Children's Sunday School 10:00 am English Worship 12:00 pm Karen Worship 4:30 pm Compass	21 7:00pm Church Council Meeting	22 8:30 am Exercise 9:00 am Sewing B's 9:30 am Staff Mtg. 4	23 10:00am Women's Bible Study 4:30 pm Prayer Group	24 10:00 am Bulletin Deadline	25	26
27 8:45 am Adult Sunday School 9:00 am Children's Sunday School 10:00 am English Worship 12:00 pm Karen Worship 4:30 pm Compass	28 Office Closed 	29 8:30 am Exercise 9:00 am Sewing B's 9:30 am Staff Mtg.	30 10:00am Women's Bible Study 4:30 pm Prayer Group	31 10:00 am Bulletin Deadline		

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Happy Birthday

May 1	Jennifer Schweitzer	May 12	Shawn O'Neill
May 3	Lah Pwe Dee		Hei Lah Tu
	Kayla Dykeman	May 13	Craig Van Deventer
May 5	Eh Tu Tha Ye	May 18	Jan Meeden
May 9	David Miller	May 20	Mary Anderson
May 10	K'lu Moo Paw Eh	May 26	Lucy Anderson
May 11	Jim Peters	May 29	Kyle Dykeman

Happy Anniversary

May 21	Dale and Mary Rousy
May 25	Dan and Lucille Cole
May 29	Jim and Mary Anderson
May 30	Joseph and Nancy Johnson

World Laughter Day

World laughter day takes place on the first Sunday of May of every year. The first celebration was on May 10, 1998, in Mumbai, India, and was arranged by Dr. Madan Kataria, founder of the worldwide Laughter Yoga movement, which postulates that a person's facial expressions can have an effect on their emotions and has all the ingredients required for individuals to change themselves and to change the world in a peaceful and positive way. The celebration of World Laughter Day is a positive manifestation for world peace and is intended to build up a global consciousness of brotherhood and friendship through laughter. It is most often celebrated by gatherings of people in public places with the sole purpose of laughing. Its popularity has grown exponentially with that of the Laughter Yoga movement now counting thousands of Laughter Clubs in more than 105 countries. The day is now celebrated worldwide.

"A day without laughter is a day wasted."
-Charlie Chaplin

Benefits of Laughter

Reduces Heart Disease Natural Pain Killer
Improves Breathing Helps you lose weight
Gives a good sleep Decreases Stress
Makes you look young